



MEASLES ALERT



As of the end of June 2026, **more measles cases** have already been reported than in all of 2025.



Before international travel, **check your vaccination records** and consider getting **two doses**.

What is measles?

— Symptoms —



Fever Cough Runny nose Rash

Symptoms such as fever, cough, and runny nose are followed by a high fever and a rash all over the body.

Measles can also cause serious complications such as pneumonia and encephalitis.

— Very Contagious—



※among people without immunity

One person with measles can infect 12-18 others

Measles is highly contagious. People without immunity are very likely to become infected after exposure.

People with measles can spread the virus from 1 day before symptoms start until 3 days after fever goes away.

Prevention and What to Do



To prevent measles

✓ Get vaccinated

Two doses of measles vaccine provide the best protection.

Check your vaccination records.

If you have not received two doses, consider getting vaccinated.

For vaccination inquiries, contact your local vaccination office.



If you think you have measles



Stay at home



Call a medical facility before you visit



Wear a mask



Avoid public transportation if possible



If you have measles

✓ Stay at home

To prevent spread, stay at home until **at least 3 days after your fever is gone**.

✓ Work with your public health center

Your local public health center may contact you. Please cooperate with the necessary follow-up.



For more information about measles
(Osaka Infectious Disease Surveillance Center website)



Department of Public Health and Medical Affairs, Osaka Prefectural Government



Infectious Disease Control Division, Osaka City Public Health Center



Division of Public Health, Osaka Institute of Public Health

July 2026