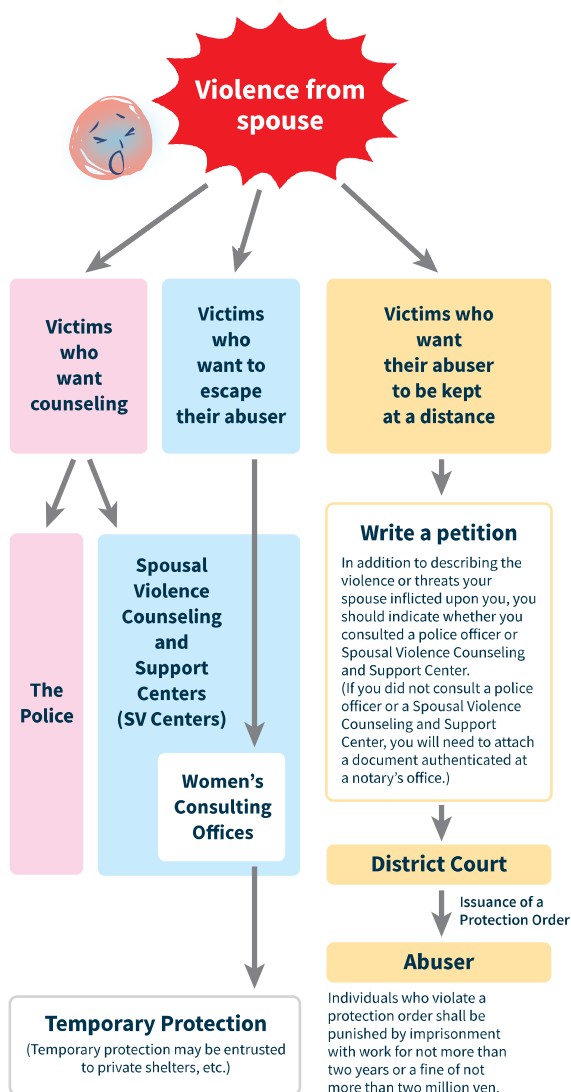


## FLOWCHART FOR SUPPORT



## Consultation Services

Osaka Prefectural Women's Counseling Center  
Telephone: 06-6949-6181

## Languages

English, Chinese, Korean, Portuguese, Spanish, Vietnamese, Filipino, Thai, Indonesian, Nepali and Japanese

## Hours

9:00 - 17:30 (Excluding Saturdays, Sundays, national holidays and year-end/New Year holidays)

\*The telephone conference system at the Osaka Information Service for Foreign Residents is used for consultations in languages other than Japanese.

Osaka Information Service for Foreign Residents  
Telephone: 06-6941-2297

## Languages

English, Chinese, Korean, Portuguese, Spanish, Vietnamese, Filipino, Thai, Indonesia, Nepali and Japanese

## Hours

Monday through Thursday 9:00 - 17:30 (Excluding national holidays and year-end/New Year holidays)

Friday 9:00 - 21:00 (Excluding national holidays and year-end/New Year holidays)  
Fourth Sunday of every month 13:00 - 17:00

Note: This information is current as of March 2025

For other operating hours and details, please see the calendar at the links below:

<https://ofix.or.jp/calendar/>

## Fax

06-6966-2401 (in English/Japanese)

## Email

johou-c@ofix.or.jp (in English/Japanese)

## 府内配偶者暴力相談支援センター (in Japanese only)

施設名	電話番号	対応時間※年末年始は除く
大阪府中央子ども家庭センター	072-828-0277	
大阪府箕面子ども家庭センター	072-737-6895	
大阪府吹田子ども家庭センター	06-6380-0049	9:00～17:45(土・日・祝日除く)
大阪府東大阪子ども家庭センター	06-6721-2077	
大阪府富田林子ども家庭センター	0721-25-2065	
大阪府貝塚子ども家庭センター	072-430-6005	
大阪市配偶者暴力相談支援センター	06-4305-0100	9:30～17:00(土・日・祝日除く)
堺市配偶者暴力相談支援センター	072-228-3943	
すいたストップDVステーション(DV相談室)	06-6310-7113	9:00～17:30(土・日・祝日除く)
枚方市配偶者暴力相談支援センター(ひらかたDV相談室)	072-841-3134	
茨木市配偶者暴力相談支援センター	072-622-5757	9:00～17:00(日・祝日除く)
豊中市配偶者暴力相談支援センター	06-6152-9893	9:00～17:00(土・日・祝日除く)
松原市配偶者暴力相談支援センター	072-334-1088	
東大阪市配偶者暴力相談支援センター「DV相談室」	06-4309-3191	9:00～17:30(土・日・祝日除く)

## Other consultation services in Osaka Prefecture

List of Consultation Services  
(Osaka Prefectural Government's website)<https://www.pref.osaka.lg.jp/o070040/danjo/soudan-link/index.html>

(in Japanese only)



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令和7年3月改訂

You are not at fault.

Those who suffer from violence are not at fault,  
no matter the reason.

People that use violence are at fault.

No one should suffer from violence.

You do not need to worry alone.

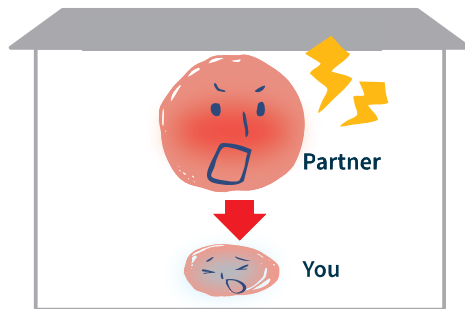
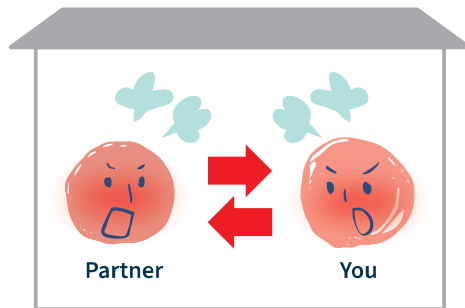
Please seek help.

Act on the Prevention of Spousal Violence  
and the Protection of Victims

The Act also applies to all foreigners living in Japan.

## Which applies to the relationship between you and your partner?

You may sometimes argue with your partner. During such quarrels, the power dynamic between you and your partner is fair and balanced. It is not abusive. Domestic Violence (DV) occurs when a person uses violence towards their partner. In this situation, the stronger person puts the weaker person under control by force.



## Have you ever thought, “it’s also my fault”? The perpetrator may be controlling you through various kinds of abuse.

In many cases the violence occurs at home, which is a private setting. Thus, the violence is invisible to other people and occurs repeatedly over a long period of time. The effects are often serious, with victims experiencing feelings of fear and anxiety. DV refers to not only actions such as punching and kicking, but also behavior aimed to control you. Some of these include yelling at you, threatening you, checking your relationships with friends and restricting your actions.



### Physical abuse

Punching, kicking, choking, shoving, etc.

### Emotional abuse

Using abusive language, yelling, threatening, ignoring, looking down on your home country, etc.

### Abuse by involving or making use of your child

Abusing you in front of your child, hurting your child, blaming you in front of your child, etc.



### Economic abuse

Refusing to give you living expenses, disliking the fact that you have a job, forcing you into debt, preventing you from sending money to your family, etc.



### Social abuse

Restricting your associations with friends and relatives, checking your mobile phone, emails and other actions, feeling intense jealousy, taking away your passport, refusing to help you renew your visa status, etc.

### Sexual abuse

Forcing you to do sexual acts, forcing you to have unprotected sex, taking nude photos of you and then uploading (or threatening to upload) them to social media, forcing you to watch pornography and other things of sexual nature, etc.