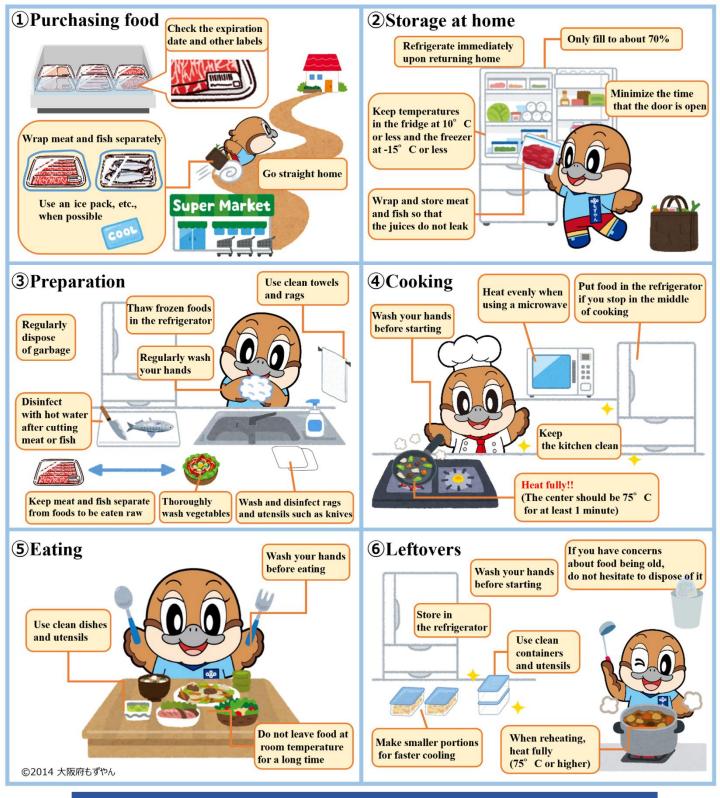


## Six Points for Preventing Food Poisoning at Home



## The 3 Rules to Prevent Food Poisoning.

- **1** Stop bacteria and viruses from getting to your food.
- 2 Don't let bacteria multiply in your food or on your utensils.
- **3** Sterilize utensils and kill bacteria and viruses.